

COVINA HIGH SCHOOL TRACK & FIELD RECORDS

BOYS FROSH-SOPH

100m	Jamal James	10.88	2005
200m	Robert Jarvis	21.90	1995
400m	D’Juan Shamburger	50.6	2014
800m	Ricardo Guerra	2:00.27	1990
1600m	Kevin Berko	4:24.7	1986
3200m	Mark Hamer	9:48.7	1990
110HH	Scott Jarvis	14.87	1999
300IH	Scott Jarvis	40.5	1999
4x100	Brian Espiritu	45.02	1998
	Scott Jarvis		
	Julian Baca		
	Brian Holman		
4x400	D’Juan Shamburger	3:31.74	2014
	Daniel Salazar		
	Tony Parks		
	Eric Williams		
High Jump	D’Juan Shamburger	6’4”	2014
Long Jump	Robert Jarvis	21’9”	1995
Triple Jump	Dario Robinson	45’2 ½”	1984
Pole Vault	Jeff Truman	13’6”	1992
	Daniel Davis	13’6”	2005
Discus	Travis Jensen	145’0”	1998
Shot Put	Vince Munoz	52’10”(10lb.)	1991
4x1600	Ricardo Vargas	19:51.07	2013
	Joey Centeno		
	Tony Parks		
	Daniel Salazar		
4x800	Daniel Salazar	8:45.74	2013
	Ricardo Vargas		
	Tony Parks		
	Kevin Herrera		
Distance Med.	Daniel Salazar	11:33.53	2013
	Ryan Cavaness		
	Ricardo Vargas		
	Daniel Hernandez		

BOYS VARSITY

100m	Remontay McClain	10.31	2011
200m	Remontay McClain	20.68	2011
400m	Arieus Williams	48.32	2008
800m	Adam Shanks	1:55.8	1988
1600m	Kevin Berko	4:12.0	1988
3200m	Andrew Tachias	9:06.53	2004
110HH	Scott Jarvis	14.17	2001
300H	Scott Jarvis	37.98	2001
4x100	Andre Williams	42.22	2005
	Art Combest		
	Tyrone James		
	Jamal James		
4x400	Dario Robinson	3:20.58	1986
	Bob Maybury		
	Dan Serna		
	Paul Dennis		
High Jump	Eric Davis	6'8"	1997
	Vernon Covington		2001
Long Jump	W. Cullums	24'5"	1967
Triple Jump	Dario Robinson	48'11 1/2"	1986
Pole Vault	Sam Boswell	16'2"	1999
Discus	Travis Jensen	159'4"	2000
Shot Put	Sam Johnson	56'7"	1974
4x1600	Daniel Salazar	17:57.25	2015
	Angel Lopez		
	Nick Hernandez		
	Kevin Herrera		
4x800	Kevin Berko	7:52.0	1988
	Tim Kearns		
	Erik Starkey		
	Adam Shanks		
Distance Medley	Daniel Salazar	10:24.72	2015
	Greg Hennes		
	Angel Lopez		
	Kevin Herrera		
4x200	Leo Brown	1:29.05	2015
	Pearnell Smalley		
	Greg Hennes		
	D'Juan Shamburger		
Sprint Medley	Leo Brown	3:29.59	2015
	D'Juan Shamburger		
	Greg Hennes		
	Daniel Salazar		
Shuttle Hurdles	Hakim Williams	1:04.63	2015
	Josh Phang		
	Leo San Nicolas		
	Leo Brown		

GIRLS VARSITY

100m	Courtney Ector	12.0	1999
200m	Maya Rush	25.49	2019
400m	Maya Rush	56.56	2019
800m	Katelyn Vuong	2:16.33	2019
1600m	Katelyn Vuong	4:56.91	2018
3200m	Katelyn Vuong	10:59.30	2019
100HH	Britanni Cooper	15.56	2004
300IH	Belle Chiu	45.78	2012
4x100	Lauren Smith	48.75	2001
	Erin Adams		
	Bobbi Oshiro		
	Courtney Ector		
4x400	Lauren Smith	4:05.23	2001
	Erin Adams		
	Courtney Ector		
	Britanni Cooper		
High Jump	Mishelle McNamara	5'7"	2007
Long Jump	Crystal Matthews	17'10"	1998
Triple Jump	Emily Sanchez	36'7"	2012
Pole Vault	Mishelle McNamara	11'8"	2007
Discus	Irene Robinson	118'9"	2004
Shot Put	Irene Robinson	36'10"	2004
4x200	Payton Trollman	1:51.00	2008
	Nikki Cooper		
	Chantel Diaz		
	Secoral Yanez		
4x800	Vanessa Gracian	10:02.56	2017
	Natali Contreras		
	Rosaly Castorena		
	Katelyn Vuong		
4x1600	Vanessa Gracian	21:12.07	2016
	Natali Contreras		
	Izabella Silva		
	Demi Marine		
Sprint Med	Dulce Aguirre	4:17.43	2019
	Julia Cruz		
	Charisma Benitez		
	Katelyn Vuong		
Distance Med	Vanessa Gracian	12:43.81	2018
	Amy Escobedo		
	Rosaly Castorena		
	Katelyn Vuong		
Shuttle Hurdles	Suzan Burmayan	1:09.55	2009
	Payton Trollman		
	Felisha Watkins		
	Nikki Cooper		
Heptathlon	Maya Rush	4394	2019