

29th Annual Covina Invitational

Dear Coach:

On behalf of Covina High School, I would like to invite you and your team to become a part of the 29th Annual Covina Invitational. The date of this year's Covina Invite is **Saturday, March 28th at Covina District Stadium (200 W. Puente St. Covina, CA 91723)**. Our sanctioned meet will be running a CIF order of events schedule beginning at 8:30am.

Date/Time: Saturday, March 28th 2020–8:30am start

Divisions: Boys Varsity, Girls Varsity, Boys F/S, & Girls F/S

Awards: Covina Invitational Medals will be given to the top three

overall places in each relay and individual event. Every other heat and flight will medal the winner only. There will also be team championship trophies for 1st-3rd place.

Fees: \$125 per team in each division or \$450 for all four

divisions. Smaller schools with individual entries may

enter at \$15 per athlete.

Entry: Athletes will be seeded according to submitted times and

marks through the Internet on athletic.net

<u>Three</u> athletes in each sprinting event, <u>three</u> athletes in field events, and <u>three</u> entries in distance events (800,1600, 3200). **Entries will be due by Wednesday,**

March 25th at 11:59pm.

Please confirm your intent to participate by sending an email confirmation to meet director kglaspy@c-vusd.org naming your school and coach's name along with sending the attached/enclosed contract. Our meet does fill soon so please do this early to guarantee entry. If there are any questions please feel free to email me or text my cell.

Thank you,

Kevin Glaspy, Meet Director

Covina Invitational – CALL OR TEXT QUESTIONS 626 824-0852 CHS 626 974-6030 kglaspy@c-vusd.org Covina High School 463 S. Hollenbeck, Covina CA 91723 www.covinatrack.com

Revised 9/27/19

COVINA INVITATIONAL Covina District Stadium 200 W. Puente Ave. Covina 91723

Meet Information

- Bus Drop off and Parking- Bus drop off will be in the east side lane next to the stadium. Bus parking will be at Covina High School (463 S. Hollenbeck Covina) ¹/₄ mile away.
- Implement weigh in will be at the shot and discus ring prior to each event.
- Warm Ups- The warm up area is located in the infield. Non-competing athletes will not be allowed to set up in the infield area. Coaches and parents will be asked to not congregate in the infield.
- Clerk of the Course The clerk of the course is located in the infield. Athletes must check in 30 minutes prior to their event or they will be scratched.
- Scoring Team scoring is 10-8-6-4-2-1 for all levels and events. Times/marks for the following heats/flights can score if they are in the top six places overall.
- Coaches/Weightman's Relay Only athletes competing in a throwing event are allowed to participate in this event. Coaches willing to risk embarrassment are also allowed to compete. This event is non-scoring and non-medaling.
- Medals Top three places in all invitational heats and flights (1st heat/flight is invitational). Only heat and flight winners after 1st heat/flight. Top three places in ALL distance races will medal (800,1600, 3200). Medals will be distributed at each field event and after each race.
- Team Packets Team packets can be picked up at the finish line upon your arrival. Payment must be made prior to competition. Checks are payable to Covina High Track.
- Spikes Please make sure all track athletes have 3/16" spikes or less. Spikes will be checked and sold at the entrance of the stadium.

*time schedule subject to change based on entries received

29th Annual Covina Invitational - Schedule of Events

Track Events			Field Events		
8:30	GFS	4x100	Shot Put	BV	8:30
8:40	BFS	4x100		GV	11:00
8:50	GV	4x100		BFS	1:00
9:00	BV	4x100		GFS	3:30
9:10	GFS	1600m			
9:20	BFS	1600m	Discus	BFS	8:30
9:35	GV	1600m		GFS	11:00
9:50	BV	1600m		BV	1:00
10:15	BFS	110HH		GV	3:30
10:25	BV	110HH			
10:40	GFS	100H	Pole Vault	GFS	8:30
10:50	GV	100H		GV	10:30
11:05	GFS	400m		BFS	12:30
11:15	BFS	400m		BV	3:00
11:30	GV	400m			
11:50	BV	400m	High Jump	BFS	9:00
12:10	GFS	100m		GFS	10:30
12:20	BFS	100m		GV	12:00
12:30	GV	100m		BV	2:00
12:45	BV	100m			
1:00	GFS	800m	Long Jump	BV	8:30
1:15	BFS	800m	0 1	GV	11:00
1:30	GV	800m		BFS	1:30
1:45	BV	800m		GFS	3:30
2:00	GFS	300IH			
2:10	GV	300IH	Triple Jump	BFS	8:30
2:20	BFS	300IH	-	GFS	11:00
2:30	BV	300IH		BV	1:30
2:45	GFS	3200m		GV	3:30
3:00	BFS	3200m			
3:15	GFS	200m			
3:30	BFS	200m			
3:45	GV	200m			
4:00	BV	200m			
4:20	GV	3200m			
4:40	BV	3200m			
5:00	Coaches/Weightman's Relay				
5:15	GFS	4x400			
5:25	BFS	4x400			
5:40	GV	4x400			
5:55	BV	4x400			



9/25/19

Host A.D. Cell Phone #

Host A.D. Email Address kglaspy@c-vusd.org

626 824-0852

CONTRACT FOR ATHLETIC CONTESTS

This contract may be used in arranging non-league and tournament interscholastic athletic contests. Regular league schedules are official and binding on said league members and do not require individual contract. Please refer to Blue Book rules 150-153.

This CONTRACT is made and subscribed to by the principals and ahtleteic administrators of High School High School and Track & Field - 28th Covina Invitational to be played as follows: Boys & Girls contests in (Boys' or Girls') (Name of Sport) LEVEL DATE STARTING TIME Covina District Stadium 3/28/20 8:30am Varsity Jr. Varsity Soph Frosh Covina District Stadium 3/28/20 8:30am Frosh-Soph REMARKS: 4 Divisions - Boys Varsity, Girls Varsity, Boys Frosh-Spoh, Girls Frosh-Soph email intent to particiapte to kglaspy@c-vusd.org FINANCIAL ARRANGEMENTS \$7.00 F. Faculty Passes honored Both Schools CIF PASS A. General Admission \$5.00 G. Advance Sale Permitted B. Home Students WITH ASB Cards n/a \$5.00 H. Visiting Band in Uniform Admitted Free C. Visiting Students WITH ASB Cards n/a With Advisor D. Student (Both Schools) WITHOUT ASB Cards \$5.00 \$3.00 I. Visiting Pep Squads Admitted Free E. Children Admission With Advisor \$125 per division (\$450 total for a full team or \$15 per athlete individuals \$20 per relay) ADDITIONAL FINANCIAL TERMS: Checks payable Covina High School MEDICAL RESPONSIBILITY: Traniner on site Online entries on athletic.net ENTRIES DUE 3/25/20 11:59pm OTHER ARRANGEMENTS: Return to HOST SCHOOL by: ASAP All contests must be played under the regulations and rulings of the California Interscholastic Federation and the Southern Section of which the contracting schools are members. These regulations and rulings are a part of this contract. Use back side of form for additional comments. VISITING SCHOOL INFORMATION HOST SCHOOL INFORMATION School Name School Name Covina School Address 463 S. Hollenbeck Covina 91723 School Address 626 974-6030 School Phone Number School Phone Number School Fax Number 626 974-6045 School Fax Number Host School Principal's Signature Visiting School Principal's Signature Host School Athletic Administrator's Signature Visiting School Athletic Administrator's Signature

NOTE: All contracts to be valid must be signed by the principal and the athletic administrator at each school. When the principal and athletic administrator of one of the contracting schools is new to the school, he should be notified of existing contracts before the beginning of the season.

Revised 8/15

Visiting A.D. Email Address

Visiting A.D. Cell Phone #