



28th Annual Covina Invitational



Dear Coach:

On behalf of Covina High School, I would like to invite you and your team to become a part of the 28th Annual Covina Invitational. The date of this year's Covina Invite is **Saturday, April 2nd at Covina District Stadium (200 W. Puente St. Covina, CA 91723)**. Our sanctioned meet will be running a CIF order of events schedule beginning at 8:30am.

Date/Time: Saturday, April 2nd 2022– 8:30am start

Divisions: Boys Varsity, Girls Varsity, Boys F/S, & Girls F/S

Awards: Covina Invitational Medals will be given to the top three overall places in each relay and individual event. Every other heat and flight will medal the winner only. There will also be team championship trophies for 1st-3rd place.

Fees: \$150 per team in each division or \$500 for all four divisions. Smaller schools with individual entries may enter at \$15 per athlete entered

Entry: Athletes will be seeded according to submitted times and marks through the Internet on <https://ca.milesplit.com/>

Three athletes in each sprinting event, three athletes in field events, and three entries in distance events (800,1600, 3200). **Entries will be due by Wednesday, March 30th at 11:59pm.**

Please confirm your intent to participate by sending the contract below. Our track meet does fill soon so please do this early to guarantee entry. If there are any questions please feel free to email me or text my cell.

Thank you,

Kevin Glaspy

Kevin Glaspy, Meet Director

Covina Invitational – CALL OR TEXT QUESTIONS 626 824-0852

kglaspy@c-vusd.org

Covina High School

463 S. Hollenbeck, Covina CA 91723

www.covinatrack.com

Revised 10/18/21

COVINA INVITATIONAL

Covina District Stadium 200 W. Puente Ave. Covina 91723

Meet Information

- Bus Drop off and Parking- Bus drop off will be in the east side lane next to the stadium. Bus parking will be at Covina High School (463 S. Hollenbeck Covina) ¼ mile away.
- Implement weigh in will be at the shot and discus ring prior to each event.
- Warm Ups- The warm up area is located in the infield. Non-competing athletes will not be allowed to set up in the infield area. Coaches and parents will be asked to not congregate in the infield.
- Clerk of the Course – The clerk of the course is located in the infield. Athletes must check in 30 minutes prior to their event or they will be scratched.
- Scoring – Team scoring is 10-8-6-4-2-1 for all levels and events. Times/marks for the following heats/flights can score if they are in the top six places overall.
- Coaches/Weightman's Relay – Only athletes competing in a throwing event are allowed to participate in this event. Coaches willing to risk embarrassment are also allowed to compete. This event is non-scoring and non-medaling.
- Medals – Top three places in all invitational heats and flights (1st heat/flight is invitational). Only heat and flight winners after 1st heat/flight. Top three places in ALL distance races will medal (800,1600, 3200). Medals will be distributed at each field event and after each race.
- Team Packets – Team packets can be picked up at the finish line upon your arrival. Payment must be made prior to competition. Checks are payable to Covina High Track.
- Spikes – Please make sure all track athletes have 3/16” spikes or less. Spikes will be checked and sold at the entrance of the stadium.
- Starting heights will be determined prior to the start of the event based on the entries and marks received.
- Attempts - Disc & Shot 3 attempts and top 9 in varsity only FINALS, Long and Triple Jump 3 total attempts

***time schedule subject to change based on entries received**

28th Annual Covina Invitational - Schedule of Events (tentative)

Track Events

Field Events

8:30	GFS	4x100	Shot Put	BV	8:30
8:40	BFS	4x100		GV	11:00
8:50	GV	4x100		BFS	1:00
9:00	BV	4x100		GFS	3:30
9:10	GFS	1600m			
9:20	BFS	1600m	Discus	BFS	8:30
9:35	GV	1600m		GFS	11:00
9:50	BV	1600m		BV	1:00
10:15	BFS	110HH		GV	3:30
10:25	BV	110HH			
10:40	GFS	100H	Pole Vault	GFS	8:30
10:50	GV	100H		GV	10:30
11:05	GFS	400m		BFS	12:30
11:15	BFS	400m		BV	3:00
11:30	GV	400m			
11:50	BV	400m	High Jump	BFS	9:00
12:10	GFS	100m		GFS	10:30
12:20	BFS	100m		GV	12:00
12:30	GV	100m		BV	2:00
12:45	BV	100m			
1:00	GFS	800m	Long Jump	BV	8:30
1:15	BFS	800m		GV	11:00
1:30	GV	800m		BFS	1:30
1:45	BV	800m		GFS	3:30
2:00	GFS	300IH			
2:10	GV	300IH	Triple Jump	BFS	8:30
2:20	BFS	300IH		GFS	11:00
2:30	BV	300IH		BV	1:30
2:45	GFS	3200m		GV	3:30
3:00	BFS	3200m			
3:15	GFS	200m			
3:30	BFS	200m			
3:45	GV	200m			
4:00	BV	200m			
4:20	GV	3200m			
4:40	BV	3200m			
5:00	Coaches/Weightman's Relay				
5:15	GFS	4x400			
5:25	BFS	4x400			
5:40	GV	4x400			
5:55	BV	4x400			

