

WEST COAST FROSH SOPH CHAMPIONSHIPS

**SATURDAY APRIL 21ST, 2018
COVINA DISTRICT STADIUM**

**The premier track championship meet for the best
of the best in the FROSH-SOPH division!**

- SITE:** Covina District Stadium
200 W. Puente Ave. Covina, CA 91723
- DATE & TIME:** Saturday 4/21/18 from 9am-3pm
- DIVISIONS:** Boys and Girls FS
- ENTRIES:** ENTRIES DUE ON ATHLETIC.NET by Wednesday April 17 11:59pm
- EVENTS:** CIF Order of Events
- FEES:** \$15 per athlete or \$300 both boys and girls (\$150 gender)
- ENTRY LIMITS:** Three entries allowed per event per school
- AWARDS:** Medals to top five finishers overall in each event
- TEAM AWARDS:** West Coast Frosh-Soph 1st Place Plaque to B/G Champions
- SPIKES:** 3/16 or less needle or pyramids accepted
- ADMISSION:** \$5 adults, \$3 children 12 & under
- MEET DIRECTORS:** Kevin Glaspy kglaspy@c-vusd.org (626) 824-0852

WEST COAST! FROSH SOPH CHAMPIONSHIPS TIME SCHEDULE

*time schedule subject to change based on entries received

TRACK EVENTS

9:00am	4x100	Girls
9:10am	4x100	Boys
9:20am	1600	Girls
9:40am	1600	Boys
10:00am	100H	Girls
10:10am	110HH	Boys
10:20am	400m	Girls
10:35am	400m	Boys
10:50am	100m	Girls
11:05am	100m	Boys
11:20am	800m	Girls
11:30pm	800m	Boys
11:45pm	300H	Girls
12:00pm	300H	Boys
12:15pm	200m	Girls
12:30pm	200m	Boys
12:50pm	3200m	Girls
1:10pm	3200m	Boys
1:30pm	4x400	Girls
1:45pm	4x400	Boys

FIELD EVENTS

9:00am	Long Jump	Boys
10:15am	Long Jump	Girls
12:00pm	Triple Jump	Boys
1:00pm	Triple Jump	Girls
9:00am	Pole Vault	Girls
11:30am	Pole Vault	Boys
9:00am	High Jump	Girls
11:30am	High Jump	Boys
9:00am	Shot Put	Girls
11:30am	Shot Put	Boys
9:00am	Discus	Boys
11:30am	Discus	Girls

Covina District Stadium 200 W. Puente Ave. Covina 91723

WEST COAST – FS CHAMPIONSHIPS **Meet Information**

- **Bus Drop off and Parking-** Bus drop off will be in the east side lane next to the stadium. Bus parking will be at Covina High School (463 S. Hollenbeck Covina) ¼ mile away.
- **Warm Ups-** The warm up area is located in the infield. Non-competing athletes will not be allowed to set up in the infield area.
- **Clerk of the Course –** The clerk of the course is located in the infield. Athletes must check in 30 minutes prior to their event or they will be scratched.
- **Scoring –** Team scoring is 10-8-6-4-2-1 for all levels and events. Times/marks for the following heats/flights can score if they are in the top six places overall. Championship Plaques to 1st place team.
- **Medals –** Top five places overall in each event.
- **Team Packets –** Team packets can be picked up at the finish line upon your arrival. Payment must be made prior to competition. Checks are payable to Covina High Track.
- **Spikes –** Please make sure all track athletes have 3/16” spikes or less. Spikes will be checked and sold at the entrance of the stadium.
- **There will be a coach’s hospitality in the 2nd level of the field house.**



CONTRACT FOR ATHLETIC CONTESTS

This contract may be used in arranging non-league and tournament interscholastic athletic contests. Regular league schedules are official and binding on said league members and do not require individual contract. Please refer to Blue Book rules 150-153.

This **CONTRACT** is made and subscribed to by the principals and athletic administrators of
WEST COAST FS CHAMPS (Covina) High School and _____ High School
 for Boys & Girls contests in Track & Field to be played as follows:
 (Boys' or Girls') (Name of Sport)

LEVEL	SITE	DATE	STARTING TIME
Varsity	_____	_____	_____
Jr. Varsity	_____	_____	_____
Soph	_____	_____	_____
Frosh	_____	_____	_____
Frosh-Soph	Covina District Stadium	4/21/18	9:00am

REMARKS: Meet is at Covina District Stadium 200 W. Puente Ave. Covina 91723

FINANCIAL ARRANGEMENTS

A. General Admission	\$5.00	F. Faculty Passes honored Both Schools	Coaches Only/CIF
B. Home Students WITH ASB Cards	n/a	G. Advance Sale Permitted	n/a
C. Visiting Students WITH ASB Cards	n/a	H. Visiting Band in Uniform Admitted Free	n/a
D. Student (Both Schools) WITHOUT ASB Cards	n/a	With Advisor	_____
E. Children Admission	\$3.00	I. Visiting Pep Squads Admitted Free	n/a
		With Advisor	_____

ADDITIONAL FINANCIAL TERMS: \$15 per athlete OR \$150 per gender \$300 full team entry boys & girls frosh-soph
 Checks payable to Covina High School for entry fee must be received before competing.

MEDICAL RESPONSIBILITY: Trainer available on site

OTHER ARRANGEMENTS: Online entries on athletic.net by 4/18/18 11:59pm
email intent to compete to kglaspy@c-vusd.org

Return to **HOST SCHOOL** by: ASAP

All contests must be played under the regulations and rulings of the California Interscholastic Federation and the Southern Section of which the contracting schools are members. These regulations and rulings are a part of this contract. Use back side of form for additional comments.

HOST SCHOOL INFORMATION		VISITING SCHOOL INFORMATION	
School Name	Covina High School	School Name	_____
School Address	463 South Hollenbeck, Covina 91723	School Address	_____
School Phone Number	626 974-6040 Invite # 626 824-0852	School Phone Number	_____
School Fax Number	626 974-6045	School Fax Number	_____
Host School Principal's Signature		Visiting School Principal's Signature	
Host School Athletic Administrator's Signature		Visiting School Athletic Administrator's Signature	
Date:	11/15/17	Date:	_____

NOTE: All contracts to be valid must be signed by the principal and the athletic administrator at each school. When the principal and athletic administrator of one of the contracting schools is new to the school, he should be notified of existing contracts before the beginning of the season.

HOST SCHOOL SHOULD BE LAST TO SIGN